

Internship Admissions, Support, and Initial Placement Data

Date Program Tables are updated: 8/22/2025

Program Disclosures

Does the program or institution require students, trainees, and/or staff (faculty) to comply with specific policies or practices related to the institution's affiliation or purpose? Such policies or practices may include, but are not limited to, admissions, hiring, retention policies, and/or requirements for completion that express mission and values?	No
If yes, provide website link (or content from brochure) where this specific information is presented:	N/A

Internship Program Admissions

Briefly describe in narrative form important information to assist potential applicants in assessing their likely fit with your program. This description must be consistent with the program's policies on intern selection and practicum and academic preparation requirements:

At minimum, candidates for internship must have completed 3 years of graduate training by the start of internship, and have completed at least 300 intervention practicum hours, 50 assessment practicum hours, and 800 total practicum hours at the time of application. Beyond these minimum requirements, selection of residents is based on the following criteria (list not in priority order):

1. The breadth and quality of previous clinical or counseling training experience, with weight given to applicants who are at an advanced level.
2. The quality of scholarship and the scope of training, as indicated partially by academic record, research, papers presented at national and state conventions, and publications (especially those in peer-reviewed journals).
3. The relationship between the clinical interests/experience of the applicant and their research interests.
4. Involvement in professional organizations, particularly with regard to fit with applicant's professional goals.
5. Evidence of personal maturity and accomplishments which distinguish the applicant from peers.
6. Thoughtfulness of answers to the application questions.
7. The goodness of fit between the applicant's stated objectives and the training program and medical center's resources.
8. The strength of letters of recommendation from the Director of Training at the applicant's university, as well as from other faculty and professionals who know the applicant well.
9. Presentation in internship application and interview of personal and professional characteristics such as self-awareness, collegiality, professionalism, open-mindedness,

clear communication, critical thinking, awareness of cultural and individual diversity, and openness to feedback and new learning. 10. Applicants who have defended their dissertation proposal at the time of application will be given priority over applicants who have not yet done so. Our program fits well with residents who have been trained as scientist-practitioners or clinical scientists at the graduate level. Applicants who are a particularly good match with VA Palo Alto are graduate students with a balance of research and clinical experience, and whose professional and research interests complement the areas of training our program offers. Such applicants typically demonstrate interest in future public service, including through clinical service provision to underserved or marginalized populations, program development, applied research, teaching and training, policy and advocacy, increasing treatment access through use of digital health technologies, and other methods of dissemination and implementation. Applicants who are not a good fit with our program are students with no training in evidence-based treatments, no experience with dissemination of scholarly work as represented by professional presentations or publications, or professional goals solely focused on independent practice.	
Does the program require that applicants have received a minimum number of hours of the following at time of application? If Yes, indicate how many:	
Total Direct Contact Intervention Hours	Yes, Amount = 300
Total Direct Contact Assessment Hours	Yes, Amount = 50
Describe any other required minimum criteria used to screen applicants:	
To be invited for an interview, applicants must have at least one professional publication or presentation.	

Financial and Other Benefit Support for Upcoming Training Year

Annual Stipend/Salary for Full-time Interns	\$42,724
Annual Stipend/Salary for Half-time Interns	N/A
Program provides access to medical insurance for intern?	Yes
If access to medical insurance is provided:	
Trainee contribution to cost required?	Yes
Coverage of family member(s) available?	Yes
Coverage of legally married partner available?	Yes
Coverage of domestic partner available?	No
Hours of Annual Paid Personal Time Off (PTO and/or Vacation)	192
Hours of Annual Paid Sick Leave	104
In the event of medical conditions and/or family needs that require extended leave, does the program allow reasonable unpaid leave to interns/residents in excess of personal time off and sick leave?	Yes
Other Benefits (please describe): Up to 10 days of paid professional development leave may be granted for conference attendance, job or postdoc interviews, dissertation defense and graduation ceremony. Up to	

\$1000 can be approved for reimbursement of conference attendance registration and other educational course fees. Free parking, and available public transit subsidy benefit.

*Note: Programs are not required by the Commission on Accreditation to provide all benefits listed in this table

Initial Post-Internship Positions

(Provide an Aggregated Tally for the Preceding 3 Cohorts)

	2022-2025
Total # of interns who were in the 3 cohorts	45
Total # of interns who did not seek employment because they returned to their doctoral program/are completing doctoral degree	0
Academic teaching	PD=1, EP=0
Community mental health center	PD=0, EP=0
Consortium	PD=0, EP=0
University Counseling Center	PD=0, EP=0
Hospital/Medical Center	PD=10, EP=0
Veterans Affairs Health Care System	PD=30, EP =0
Psychiatric facility	PD=0, EP=0
Correctional facility	PD=0, EP=0
Health maintenance organization	PD=0, EP=0
School district/system	PD=0, EP=0
Independent practice setting	PD=0, EP=0
Other	PD=1, EP=3

Note: "PD" = Post-doctoral residency position; "EP" = Employed Position. Each individual represented in this table was counted only one time. For former trainees working in more than one setting, the setting indicated represents their primary position.